

Matt Townsend

For more than a decade, Dr. Matt Townsend has been energizing and involving audiences with his unique approach to building and maintaining successful relationships. Known as one of America's top presenters in the field of Human Relations and Development, Matt blends humor and storytelling with interactive, real-life solutions that inspire motivation and immediate results in his audiences.

Having dedicated his life to the study of communication and interpersonal relationships, Matt has worked extensively in the areas of results-oriented communication, conflict resolution and time management training. As a lead presenter for industry leader, Franklin Covey, Matt worked with the Family & Special Market Division and created the company's largest train-the-trainer program, certifying more than 900 trainers to teach his customized time management curriculum.

Since working at Franklin Covey, Matt founded the Townsend Relationship Center and its affiliate firm, Capacity Consulting. Through these entities, Matt has shared his expertise with relationships, communication and conflict resolution with thousands of clients ranging from individual married couples to large corporations such as CNN, Cox Communications, and Lockheed Martin.